

## **Additional Resources - Whiteness & Antiracism**

### **Watch:**

Whiteness Project - <https://whitenessproject.org>

“The Expanding Definition of Whiteness” - <https://www.youtube.com/watch?v=fss-ee0kGG4>

“Robin DiAngelo discusses White Fragility at Seattle Public Library”  
<https://www.youtube.com/watch?v=45ey4jgoxeU>

“How to be an Antiracist” - The Aspen Institute -  
<https://www.youtube.com/watch?v=TzuOlyyQlug>

“The difference between being ‘not-racist’ and ‘anti-racist’” -  
<https://www.youtube.com/watch?v=KCxbl5QgFZw>

“What does it mean to be an antiracist?” - <https://www.youtube.com/watch?v=OwjL4jNTNg>

### **Listen:**

Code Switch Podcast - “Episode 1: Can We Talk About Whiteness?” -  
<https://www.npr.org/sections/codeswitch/2016/05/31/479733094/the-code-switch-podcast-episode-1-can-we-talk-about-whiteness>

Whiteness in America - “Episode 3: Intersection of Masculinity and Whiteness w/ spg Brandon Ice, Dr. Gwen Schimek, and John Gardner” -  
<https://www.whitenessinamerica.com/podcast/2018/10/4/episode-3-intersection-of-masculinity-and-whiteness-wspg-brandon-ice-dr-gwen-schimek-and-john-gardner>

Scene on Radio - “Seeing White” - <https://www.sceneonradio.org/seeing-white/>

“How to Be an Anti-Racist” author Dr. Ibram X. Kendi interview with Brené Brown on her podcast:  
<https://brenebrown.com/podcast/brene-with-ibram-x-kendi-on-how-to-be-an-antiracist/>

Ibram X. Kendi Explains What it Means to Be Antiracist on The Oprah Conversation  
<https://www.oprahmag.com/entertainment/a33534980/ibram-x-kendi-the-oprah-conversation-antiracism/> - they talk with white readers about their own racist beliefs.

### **Read:**

National Museum of African American History and Culture -  
<https://nmaahc.si.edu/learn/talking-about-race/topics/whiteness>

Alberta Civil Liberties Research Centre - <http://www.aclrc.com/whiteness>

“The Social Construction of Whiteness: Racism by Intent, Racism by Consequence” - <https://www.cwu.edu/diversity/sites/cts.cwu.edu.diversity/files/documents/constructingwhiteness.pdf>

“Exposure to Evidence of White Privilege and Perceptions of Hardships Among White UK Residents” - <https://link.springer.com/article/10.1007/s12552-019-09262-3>

“Anti-racist Resources from Greater Good” - [https://greatergood.berkeley.edu/article/item/antiracist\\_resources\\_from\\_greater\\_good](https://greatergood.berkeley.edu/article/item/antiracist_resources_from_greater_good)

“Diagnosing and Treating Systemic Racism” - <https://www.nejm.org/doi/full/10.1056/NEJMe2021693>

“Is this the beginning of the end of American racism?” - Ibram X. Keni in *The Atlantic* - <https://www.theatlantic.com/magazine/archive/2020/09/the-end-of-denial/614194/>

**Do:**

“Guidelines for Being Strong White Allies” - <https://www.racialequitytools.org/resourcefiles/kivel3.pdf>

“Action Plan Examples” - <https://www.racialequitytools.org/plan/action-plan/action-plan-examples>

## **Additional Resources - Micro-aggressions & Whiteness**

### **Watch:**

“Eliminating Microaggressions” - <https://www.youtube.com/watch?v=cPqVit6TJjw>

“Racial Microaggressions: Comments That Sting” - [https://www.youtube.com/watch?v=85JVcniE\\_M](https://www.youtube.com/watch?v=85JVcniE_M)

### **Listen:**

Cultural Humility Podcast - “Racial Microaggressions and Political Correctness” - <https://podcasts.apple.com/us/podcast/cuhp012-racial-microaggressions-political-correctness/id1445255753?i=1000431790585>

Fistful of Talent Podcast - “The HR Famous Podcast: E4 - Microaggressions” - <https://fistfuloftalent.com/2020/03/the-hr-famous-podcast-e4-microaggressions.html>

Every Woman Podcast - “Microaggressions - Tackling Unconscious Bias in an Open Working Environment, with Strat House Founders Melanie Welsh and Rachel Clarke” - <https://www.podbean.com/ew/pb-b87hr-c17837>

### **Read:**

“Microaggressions Are a Big Deal: How to Talk Them Out And When to Walk Away” - <https://www.npr.org/2020/06/08/872371063/microaggressions-are-a-big-deal-how-to-talk-them-out-and-when-to-walk-away>

“What exactly is a Microaggression” - <https://www.vox.com/2015/2/16/8031073/what-are-microaggressions>

### **Do:**

Microaggressions Survey: Impact on Daily Life - <https://www.surveymonkey.com/r/TRCFVSP>

## **Additional Resources - Leadership**

### **Watch:**

What it takes to be a great leader - Roselinde Torres - <https://www.youtube.com/watch?v=aUYSDEYdmzw>

The power of vulnerability - Brené Brown - <https://www.youtube.com/watch?v=iCvmsMzIF7o>

Great leadership starts with self-leadership - Lars Sudmann - <https://www.youtube.com/watch?v=vlpKyLkIDDY>

The surprising truth in how to be a great leader - Julia Milner - [https://www.youtube.com/watch?v=sW\\_PN3BDa0A](https://www.youtube.com/watch?v=sW_PN3BDa0A)

### **Listen:**

“Why Everyone Should See Themselves as a Leader” - HBR IdeaCast - <https://open.spotify.com/episode/7iHCJKJftNaXyTFeZ5kAZY>

“Michael Bungay Stonier on The Coaching Habit: Say Less, Ask More & Change the Way You Lead Forever” - Blanchard Leaderchat - <https://open.spotify.com/episode/4OChrG6blkEajmc1eQeyly>

“Tackling Change & Difficult Conversations” - Habits of Leadership - <https://open.spotify.com/episode/5rKTiiyIHYztHjE2uUsqL6>

“Ben Horowitz on Shaping Culture” - Hello Monday with Jessi Hempel - <https://open.spotify.com/episode/2ZyqKiBzx05boQ4tE1Fgqj>

“When Work Takes Over Your Life” - WorkLife with Adam Grant - <https://open.spotify.com/episode/6tl82nH340aOWAeb5lz6O5>

“Tips for Managing Conflict” - The Insightful Leader - <https://open.spotify.com/episode/6fiUNQ2cBP1ioijOa9idkY>

“Frances Frei’s three pillars of leadership” - The TED Interview - <https://open.spotify.com/episode/48NsxJsYK6AsfARcP93vSw>

**Read:**

“3 Daily Actions That Set the Tone for Workplace Culture” - Craig Kamins - <https://www.gallup.com/workplace/247103/daily-actions-set-tone-workplace-culture.aspx>

“10 Organizational Leadership Styles - Study Starters” - TBS Staff - <https://thebestschools.org/magazine/organizational-leadership-styles-study-starters/>

“10 Surprising Things Successful Leaders Do Differently” - Kevin Kruse - <https://www.forbes.com/sites/kevinkruse/2019/04/02/10-surprising-things-successful-leaders-do-differently/#527198351243>

“The Fundamentals of Leadership Still Haven’t Changed” - Ron Ashkenas and Brooke Manville - <https://www.forbes.com/sites/kevinkruse/2019/04/02/10-surprising-things-successful-leaders-do-differently/#527198351243>

“Good Leadership Qualities” - Lessonly - <https://lessonly.com/good-leadership-qualities/>

**Do:**

“What’s Your Leadership Style?” - MindTools - <https://www.mindtools.com/pages/article/leadership-style-quiz.htm>

“Leadership Style Test” - Psychology Today - <https://www.psychologytoday.com/us/tests/career/leadership-style-test>

## **Additional Resources - Intersectionality**

### **Watch:**

“Intersectionality 101” - [https://www.youtube.com/results?search\\_query=intersectionality+101](https://www.youtube.com/results?search_query=intersectionality+101)

“Kimberlé Crenshaw: What is Intersectionality?” - <https://youtu.be/ViDtnfQ9FHc>

“The Urgency of Intersectionality” - <https://youtu.be/akOe5-UsQ2o>

“Watch This Beautiful Explanation of Intersectionality” - <https://www.shondaland.com/watch/a13519878/watch-this-beautiful-explanation-of-intersectionality/>

### **Listen:**

Intersectionality Matters! with Kimberlé Crenshaw - <https://www.stitcher.com/podcast/julia-sharpelevine/intersectionality-matters-2>

Intersection with Jamil Smith - <https://player.fm/series/81623>

### **Read:**

“Framing Questions on Intersectionality” - [http://also-chicago.org/also\\_site/wp-content/uploads/2017/03/Framing-questions-on-intersectionality-US-Human-Rights-Network-2013.pdf](http://also-chicago.org/also_site/wp-content/uploads/2017/03/Framing-questions-on-intersectionality-US-Human-Rights-Network-2013.pdf)

“Intersectionality: Ask the Other Question:” - [https://www.communityledtotalsanitation.org/sites/communityledtotalsanitation.org/files/ISF-UTS\\_2019\\_IntersectionalityArticle2\\_GenderinWASH\\_WaterforWomen.pdf](https://www.communityledtotalsanitation.org/sites/communityledtotalsanitation.org/files/ISF-UTS_2019_IntersectionalityArticle2_GenderinWASH_WaterforWomen.pdf)

“The Intersectionality Wars” - <https://www.vox.com/the-highlight/2019/5/20/18542843/intersectionality-conservatism-law-race-gender-discrimination>

“What’s Intersectionality? Let These Scholars Explain the Theory and Its History” - <https://time.com/5560575/intersectionality-theory/>

### **Do:**

Intersectionality Test - <https://www.idrlabs.com/intersectionalism/test.php>

Intersectionality Score Calculator - <https://intersectionalityscore.com>

## **Additional Resources - Implicit Bias**

### **Watch:**

Implicit Bias (Kirwan Institute) - <https://www.youtube.com/watch?v=IWb4i-ZPE0Q>

Expert Explains the Power of Implicit Bias - <https://www.youtube.com/watch?v=qOqE0xNsGHk>

Implicit Bias: Concepts Unwrapped - <https://www.youtube.com/watch?v=OoBvzl-YZf4>

Implicit Bias vs Explicit Bias - [https://www.youtube.com/watch?v=WEKd\\_7QL-q8](https://www.youtube.com/watch?v=WEKd_7QL-q8)

### **Listen:**

Hidden Brain- “The Mind of The Village: Understanding Our Implicit Biases” - <https://www.npr.org/2020/06/20/880379282/the-mind-of-the-village-understanding-our-implicit-biases>

Hidden Brain - “The Air We Breathe: Implicit Bias and Police Shootings” - <https://www.npr.org/2020/06/12/876073130/the-air-we-breathe-implicit-bias-and-police-shootings>

TED Radio Hour - “Bias and Perception” - <https://www.npr.org/programs/ted-radio-hour/694278104/bias-and-perception>

Code Switch - “A Lesson in How to Overcome Implicit Bias” - <https://www.npr.org/sections/codeswitch/2018/04/19/604070231/a-lesson-in-how-to-overcome-implicit-bias>

### **Read:**

The Ohio State University Kirwan Institute for the Study of Race and Ethnicity - “Understanding Implicit Bias” - <http://kirwaninstitute.osu.edu/research/understanding-implicit-bias/>

Scientific American - “How to Think about ‘Implicit Bias’” - <https://www.scientificamerican.com/article/how-to-think-about-implicit-bias/>

Proceedings of the National Academy of Sciences of the United States of America - “Historical roots of implicit bias in slavery” - <https://www.pnas.org/content/116/24/11693>

Knowable Magazine - “Curbing implicit bias: what works and what doesn’t” - <https://www.knowablemagazine.org/article/mind/2020/how-to-curb-implicit-bias>

### **Do:**

“Bias Cleanse” - <http://www.lookdifferent.org/what-can-i-do/bias-cleanse>

Implicit Bias Test - <https://implicit.harvard.edu/implicit/takeatest.html>

\*\*\*Please read the Important Disclaimer and the “general information about the IAT” before deciding if you actually want to take the test.